

Need to get back into work?

Join our **Step Through** course and get the experts on your side

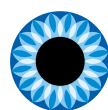
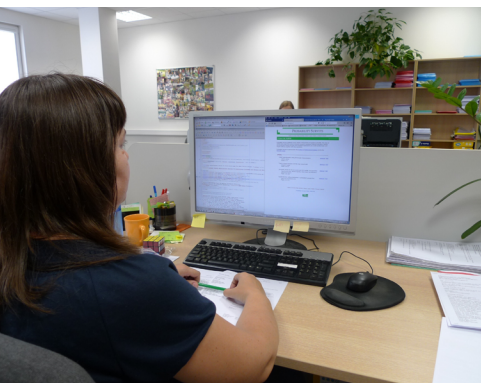
We will coach you and work alongside you to get you that job!

What is it?

- Training in a positive setting exclusively for Wandsworth residents
- A **one-week, part-time course** (refreshments provided) to get you the tools and mind-set to achieve **your** goals
- A professional learning environment to help you move into work **at your pace** with one-to-one support and feedback
- An opportunity to meet others in a similar situation and succeed together
- Ongoing help and advice after the course

What will I get from it?

- Build your profile and online job search skills
- Develop job application techniques and a powerful, persuasive CV
- Practise face-to-face and online interview skills with experienced business professionals
- Train in mindset skills, presentations and problem solving to help you break out of old cycles and develop positive habits
- One-to-one support to get you that job



PML TRAINING

Positive Motivational Learning

PML provides a range of training courses to assist people back to work, with proven success across the spectrum of the workplace. Our team has over 65 years' experience between them, in training, mentoring and recruitment.

